

# RECOMMENDED PRE & POST CARE FOR TRUSCUPLT ID TREATMENTS

*For best results please follow these instructions*

## BEFORE YOUR TREATMENT:

- Hair in the treatment and return pad area need to be shaved
- Be well hydrated prior to treatment
- Body piercings may need to be removed if under or near the treatment area
- Notify clinic of any changes to your health history or medications since your last appointment

## AFTER YOUR TREATMENT:

- Redness and swelling may occur and typically resolve within a few days
- Palpable nodules that are tender to touch or lumps in the treatment area may develop in the treated area up to 72 hours following treatment, and typically resolve over several weeks
  - Subjects from CUTERA clinical study were advised to gently massage the nodules for 2-5 minutes twice daily
- Multiple treatments may be required
- Notify clinic if any of the following occur:
  - Blister, crusting or skin burns
  - Tenderness, redness or swelling persisting longer than a few days
  - Nodules that are tender to touch or lumps in the treatment area that last longer than 4 weeks
    - These may develop up to 72 hours post-treatment and typically resolve over several weeks
- Additional instructions: \_\_\_\_\_

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Clinic: Kansas City Skin and Cancer Center

Contact at Clinic: \_\_\_\_\_

Clinic Phone Number: (816) 584-8100